Gap Score Sheet

For: _____

Date: _____

Pick the one parent or relative you most worry about. Score each gap from **1** (“I would have no idea”) to **5** (“I could find it in ten minutes”). Circle the lowest score. That is where you start.

Gap	Today I could say…	Score (circle one)
People Who to call, and who does what	I know who to call first and who the backups are.	(1) (2) (3) (4) (5)
Papers Wills, powers of attorney, key documents	I know which documents exist and where the originals are.	(1) (2) (3) (4) (5)
Money Accounts, bills, income, access	I know which accounts exist, how bills get paid and who can act.	(1) (2) (3) (4) (5)
Health Conditions, medications, wishes	I know the medications, doctors and wishes.	(1) (2) (3) (4) (5)
Home Keys, routines, pets, safety	I know the keys, the routines and who can get in.	(1) (2) (3) (4) (5)

Start here

My lowest score is: _____ My first action is: _____

Score again at the Yearly Review

Date	People	Papers	Money	Health	Home

Most people score between 1 and 3 on almost everything. The score is a starting line, not a grade.