COMPANION RESOURCE · APPENDIX B

Gift List Tracker

Budget, buy, wrap, and give, name by name

From *Holiday Money Without the Regret* by P.J. Whitfield, Cogitent Press. Print as many copies as you need for your own use.

Write a budget next to every name before you start shopping. Under Tier, write C for core, F for flexible, or H for habit (see Chapter 4). Mark each gift as it is bought, wrapped, and given.

Name	Tier	Budget	Gift idea	Where/price	Bought	Wrapped	Given

Name	Tier	Budget	Gift idea	Where/price	Bought	Wrapped	Given
TOTAL							

Teachers, caregivers, and service providers:

Name	Role	Amount or gift	Date given

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